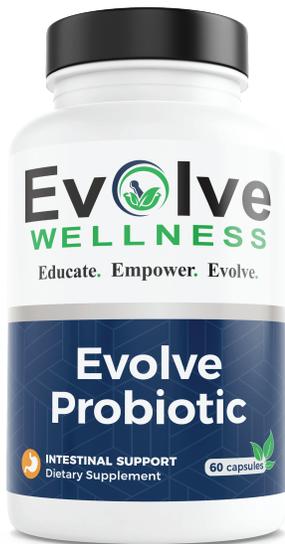


Evolve Probiotic

Evolve
WELLNESS

Educate. Empower. Evolve.

 **INTESTINAL SUPPORT***



Product Overview*

- Helps maintain gastrointestinal balance
- Increases secretory IgA for enhanced gut immunity
- Supports bowel regularity
- Supports digestion and micronutrient absorption

Product Summary*

Evolve Probiotic is a unique probiotic formula designed to deliver active organisms shown to promote healthy gut microflora, protect intestinal integrity and boost immune function. Included in this formula is *Saccharomyces boulardii*, an extensively researched micro-organism shown to help restore microflora balance by enhancing commensal organism function. Each Evolve Probiotic capsule provides seven proven probiotic strains chosen for their ability to withstand the harsh gastrointestinal (GI) environment and adhere to the intestinal tract to deliver superior results.

For a probiotic to be effective, it must be shelf-stable through the expiration date and precisely delivered to the intestinal tract, where it can have maximum benefit. BioShield® technology is an innovative manufacturing process developed to ensure consistent and reliable results. The micro-organisms in Evolve Probiotic are protected, sealed and freeze dried away from moisture, heat, light and oxygen. This allows the bacteria to remain dormant until they are exposed to moisture in the GI tract. By utilizing advanced encapsulation technology, the probiotic organisms are preserved and released on-target for maximum benefit.

Please refer to 'The Science' Section for an in-depth review on Evolve Probiotic.

Target Market/Population*

A wide range of individuals may benefit from consumption of Evolve Probiotic including those looking to support GI function and overall wellness.

Suggested Use

Evolve Wellness recommends 1 capsule per day or as recommended by your health care professional.

The Science

Probiotic Overview*

The GI tract is a finely balanced environment where roughly 500 different strains of bacteria compete for space and nutrients. When there is a healthy balance (eubiosis), few symptoms exist. However, dysbiosis can occur when an overabundance of potentially harmful organisms prevail. The natural microflora balance can be upset by medications (such as antibiotics, oral contraceptives, etc.), excessive alcohol consumption, or poor dietary intake.

Probiotics have been extensively studied and are characterized as having broad GI and immune benefits such as increasing the population of healthy bacteria following microflora imbalance, aiding digestion and promoting a healthy gut mucosa.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Lactobacillus acidophilus (La-14)*

Lactobacillus acidophilus is a beneficial bacterial strain that is normally found in the intestinal tract and mouth and is commercially used in dairy products for the production of acidophilus-type yogurt. L. acidophilus ferments various carbohydrates to produce lactic acid, which increases the absorption and bioavailability of minerals as well as promotes health by creating an inhospitable environment for invading microbes.¹

L. acidophilus has been shown to protect intestinal cells by competing for adhesion space in the gut against harmful bacteria, such as E. coli. The L. acidophilus strain in Evolve Probiotic has been specifically chosen because of its strong adherence and survival attributes in the GI tract. It has been demonstrated in vitro to tolerate exposure to gastric acid and bile salts, and has the ability to withstand antibiotics including ciprofloxacin, Polymyxin B and Tetracycline.²

Lactobacillus paracasei (Lpc-37)*

Lactobacillus paracasei has been shown to protect against the harmful effects of bacteria such as Staphylococcus aureus (S. aureus).³ L. paracasei colonizes the intestinal tract by reinforcing defense mechanisms that support an immune response. It does this by supporting T-helper cell production and secreting secretory IgA (sIgA), an antibody critical for supporting intestinal immunity.⁴ L. paracasei Lpc-37 is a gastric acid-resistant strain and has been shown in vitro to withstand antibiotics such as ciprofloxacin and Vancomycin.⁵

Bifidobacterium bifidum (Bb-06) *

Bifidobacterium bifidum has been shown to effectively compete with harmful bacteria such as E. coli, S. aureus and Campylobacter jejuni, which suggests B. bifidum's lactic acid and acetic acid production provides an antagonistic action against pathogens to help maintain microflora balance.⁶

Bifidobacterium lactis (BI-04)*

Bifidobacterium lactis is predominantly found in the colon. A double-blind, randomized placebo-controlled trial on subjects receiving B. lactis or placebo for eight weeks found that B. lactis supported a balanced immune response in individuals hypersensitive to environmental allergens.⁷ Studies examining immune development and dietary supplementation with B. lactis have shown that it supports GI health by reducing intestinal permeability⁸

Lactobacillus plantarum (Lp-115)*

Lactobacillus plantarum is a beneficial bacteria commonly found in fermented foods including sauerkraut, pickles and sourdough. L. plantarum has been found to compete against strains of Clostridium difficile and Clostridium perfringens, due to the production of bacteriocins (lethal proteins) that inhibit bacterial growth.⁹ Studies have also demonstrated that L. plantarum helps boost the immune response by stimulating Th1-mediated immunity.¹⁰

Lactobacillus rhamnosus (GG)*

Lactobacillus rhamnosus has been proven to have remarkable survivability in the acid and bile environments in the GI tract. L. rhamnosus is particularly useful because of its ability to adhere to cells, enhance microflora balance, and inhibit pathogen adherence. L. rhamnosus was also found to positively affect inflammatory and immune gene signaling of over 1,700 genes when administered in high doses.¹⁰

Saccharomyces boulardii*

A study evaluating Saccharomyces boulardii is a probiotic yeast that was first isolated from the skin of the tropical fruits lychee and mangosteen in 1923 by French scientist Henri Boulard, following the observation that mangosteen consumption controlled occasional diarrhea in natives of Southeast Asia. S. boulardii plays a role in supporting immune defense by increasing levels of sIgA, creating a first line of defense that helps bind and clear harmful bacteria.¹¹

Supplement Facts^{v3}

Serving Size 1 Capsule
Servings Per Container 30 & 60

| 1 capsule contains | Amount Per Serving | % Daily Value |
|--|------------------------------|---------------|
| Proprietary Blend | 20 Billion CFU ⁺⁺ | |
| <i>Lactobacillus acidophilus</i> (La-14) | | * |
| <i>Lactobacillus paracasei</i> (Lpc-37) | | * |
| <i>Bifidobacterium lactis</i> (BI-04) | | * |
| <i>Bifidobacterium bifidum</i> (Bb-06) | | * |
| <i>Lactobacillus plantarum</i> (Lp-115) | | * |
| <i>Lactobacillus rhamnosus</i> (GG) | | * |
| <i>Saccharomyces boulardii</i> | 3 Billion CFU ⁺⁺ | * |

* Daily Value not established

Other Ingredients: Natural Vegetable Capsules, Microcrystalline Cellulose, Silicon Dioxide, and Magnesium Stearate.

⁺⁺Colony Forming Units

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